

Liverpool Dementia Information Day

14th March 2024
10am – 5pm

Liverpool Central Library

William Brown Street L3 8EW



A FREE drop-in event for

- **people living with dementia and their carers**
- **organisations working with and for people with dementia**
- **anyone interested in finding out more about the condition**

Exhibition area, talks, activities, guidance and support and lots more

For full details contact ldaa@dementiaactionliverpool.com

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Programme

(All timings provisional and subject to alteration)

PRESENTATIONS - DISCOVERY LIBRARY GROUND FLOOR

10.30

Anne Marie Lubanski, Liverpool City Council
Director of Adult Social Care and Health

The 5 Year Dementia Plan Update and priorities for the coming year

11.00

Paul Ainger, Local Solutions
Carers' Assessments and other support

Ruth Eley, tide Connecting carers with Together in Dementia Everyday

11.30

Anne Forrester, Jackson Lees Legal matters

12 noon

Clarissa Giebel, University of Liverpool Getting involved in dementia research
Abi Blackburn, The Reader Bringing people together and books to life

1.45

Lizzie Salter, House of Memories Dementia awareness programme for families and professionals

2.00

Hayley Winstanley, Alzheimer's Society Local services and national support for people affected by dementia

2.30

Hilary Tetlow, SURF Connect with other people with dementia & carers, get support
Emma Stafford, Mersey Care Getting a diagnosis, why it matters, and what happens next

3.00

Brendan Douglas, Everyman & Playhouse Theatres ; Kate Martinez, Sefton Park Palm House Getting out, staying active and interested

PERFORMANCES - ATRIUM PERFORMANCE SPACE, GROUND FLOOR

11.00

Indian dance Namita Singh, Mary Seacole House

11.15

Musical Moments

Tuneful and fun activities

12.15

Playlists for Life The value of reminiscence songs & music

12.45

Love To Move
Dementia friendly seated gymnastics

1.30

Chinese Wellbeing Choir with traditional guzheng accompaniment

2.00

Liverpool Memory Singers Songs for all

11.45 & 2.45 Dementia Friends information sessions

Games Pod, ground floor, subject to sufficient demand

1.00 Dementia Inequalities Board Game

Games Pod, ground floor. Come and play or just find out more

Throughout the day, Jackson Lees legal advice surgery

Meeting Room 3, 4th floor - **please book a slot at Reception**